

## **SOUL EMBODIMENT (Soul Retrieval)**

This process is designed to assist you to call back aspects of your Soul that have fragmented, become disembodied or have been taken or negatively affected by other beings. Your Soul holds the truth of who you are, how you planned to have your life unfold, your personality, purpose, desires and dreams. When we are not embodied with our Soul or our Soul is fragmented in any way it affects our ability to feel and connect with our truth, our true path, our highest alignment, make empowered life choices and create and express ourselves in alignment with our true nature.

If you are doing the 3 core processes I recommend (Re-embodiment, Power Retrieval & Soul Embodiment this process is last)

The recommendation is to use this activation prayer once a day for 21 days straight, especially if it's your first time working with it, or follow your intuition as to how best to bring this activation into your life. Leave 7 days for integration then repeat for another 21 days if you feel drawn. Ongoing cycles help deepen the activation

When using activation prayers like these, speak out loud with strength and power taking your time so you feel really present and connected to each word and sentence.

***"I hereby command the power and presence of my being  
To expand out into the quantum field, into the dreaming, into the  
non dreaming, into time and space, into non-time and non-space,  
into the past, present & future, into all realms, dimensions and  
realities necessary,  
into anywhere and anyhow, to cause and core and zero-point of my  
being***

***To simultaneously locate and instantaneously reclaim  
All fragmented aspects of my Soul  
All aspects of my Soul I have lost***

**All aspects of my Soul I have given away  
All aspects of my Soul that have been taken from me**

**All aspects of my Soul  
That have been dis-associated, split or separated in any way  
By anyone, anywhere, anyhow and for any reason  
Known or unknown  
Conscious or unconscious  
For full integration in the now**

**I hereby reclaim all aspects of my Soul  
I hereby reclaim all aspects of my Soul  
I hereby reclaim all aspects of my Soul  
(repeat until shift occurs)**

**For full integration in the now  
In the now  
In the now  
In the now  
(repeat until you feel your Soul come back in)**

**So it is  
So it is  
So it is  
(repeat until it feels complete)"**